

# 2021

## January



Chapter of the Association of Legal Administrators

New Mexico Association  
Of Legal Administrators  
Newsletter

### EVENTS AND MEETINGS

January 1 - New Years Day

January 18 - Martin Luther King Jr. Day

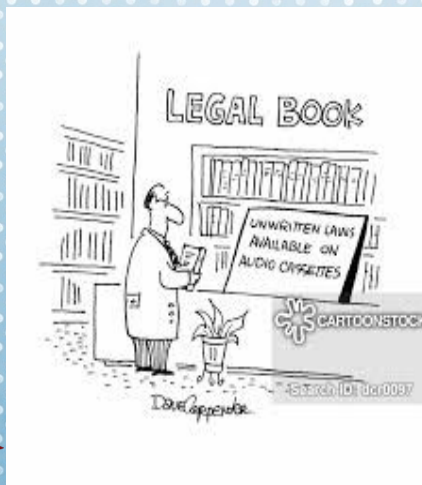
No Meeting in January



**It is illegal to drive blindfolded in  
Alabama.**

Sounds like word didn't make it  
to *everyone* in the Yellowhammer State  
about the common phrase "Keep your  
eyes on the road." One Alabama  
law prohibits driving while blindfolded.  
Our eyes are wide open after hearing  
this one!

*-goodhousekeeping*



### January National Holidays

January 1 - National Hangover Day

January 2 - National Buffet Day

January 3 - National Fruit Cake Toss Day

January 4 - National Spaghetti Day

January 5 - National Bird Day

January 6 - National Bean Day

January 8 - National Bubble Bath Day

January 9 - National Balloon Ascension  
Day

January 11 - Nat'l Clean off Your Desk  
Day

January 13 - National Rubber Ducky Day

January 14 - Nat'l Dress Up Your Pet Day

January 15 - National Bagel Day

January 16 - National NOTHING Day

January 19 - National Popcorn Day

January 20 - National Cheese Lover's Day

**January 22 - Celebration of Life Day**

January 23 - National Pie Day

January 24 - National Compliment Day

January 25 - National Opposite Day

January 26 - National Spouses day

January 27 - National Chocolate Cake Day

January 28 - Nat'l Have Fun At Work Day

January 29 - National Puzzle Day

January 30 - National Croissant Day

### Top 10 Most Common New Year's Resolutions

1. Exercise more
2. Lose weight
3. Get organized
4. Learn a new skill or hobby
5. Live life to the fullest
6. Save more money / spend less money
7. Quit smoking
8. Spend more time with family and friends
9. Travel more
10. Read more

(and how to follow through with them)

1. Mentally prepare for change
2. Set a goal that motivates you
3. Limit resolution to a manageable amount
4. Be Specific
5. Break up big goals into smaller goals
6. Write down your goals
7. Share your resolutions with others
8. Automate where possible
9. Review your resolution regularly
10. If you fall off track, get back on quick



goskills.com

I know a guy who has a job  
crushing cans.

I hear its soda pressing.

### DID YOU KNOW: BOARD MEMBER Penimah Silva - Keleher & McLeod, P.A.

1. How long have you been a member of the NMALA? Well, I originally joined in 2002, and I rejoined in 2018, so I have been a member 5 years in total.
2. What is your best memory of the NMALA? Our trip to Austin. I had a great time getting to know Erica, Gale, Tonnie, Adrian, and Monty. I also learned a lot at the conference.
3. Where do you work and what is your role? I am the Firm Administrator at Keleher & McLeod, P.A.
4. What do you love most about your job? I love the people. I enjoy helping employees develop and grow in their roles. To be a part of a firm that allows their employees to be their best, through nurturing talent and encouraging growth, is rewarding. I enjoy problem solving and being part of a supportive team.
5. If you could live anywhere, where would that be? I would live right here in New Mexico. I love to travel, but there is no place like coming home to New Mexico. Our State is beautiful and the people are caring and kind.
6. What is your biggest fear? Losing someone I love. Treasure each day because you never know what will happen tomorrow.
7. What is your favorite food? I love Italian, it's in my blood.
8. What was your best family vacation? My best vacation was going to Lummi Island for a family reunion. Lummi Island is a magical private island.
9. What would you sing at Karaoke night? I would sing 99 Red Balloons by NENA. If you haven't heard it, here is the link. Enjoy!  
<https://www.youtube.com/watch?v=Q86nf7mpOXk>
10. Have you ever had a nickname? What is it? Neemi, Pie, My my, Patanga (Don't ask where or why my family comes up with these)
11. If you were a super-hero, what powers would you have? I would want the power to heal, and the power to eliminate hate.



Why should you put your new  
calendar in the freezer?

Answer on page 5

2020

**DID YOU KNOW: BUSINESS PARTNER**  
**Cody Rushing - Ephesus Office Technologies, Inc.**

1. How long have you been associated with the NMALA? I think we sponsored our first NMALA luncheon in late 2009. So over 10 years.
2. What is the best memory of the NMALA? We have tons of great memories with the NMALA. So many that it is hard to choose one. A recent favorite was the New Mexico United soccer game we were invited to attend.
3. What is the name of your company and what do you do? Ephesus Office Technologies, Inc. We provide utilization analysis, sales and service of office equipment. (Multi-Functional Copiers, Printers & Scanners). We also provide Managed I.T. Services. We pride ourselves on having the best customer service and support in northern New Mexico!.
4. What do you love most about your job? The passion of my team and building relationships with our clients. It is a joy to demonstrate that customer service is not a lost art..
5. If you could live anywhere, where would that be? It would be in the mountains somewhere. Probably Ruidoso, NM where I grew up. You do not appreciate growing up in a place like that until you leave.
6. What is your biggest fear? Well just in the last couple of years I have developed a fear of heights. I discovered this while standing on a bridge overlooking the Colorado river a half mile below..
7. What is your favorite food? A nice medium-rare prime rib steak.
8. What was your best family vacation? Lake Powell houseboat vacation. We spent 5 days on a houseboat fishing, waterskiing and relaxing with the whole family..
9. What would you sing at Karaoke night? Not. A. thing. I can
10. t carry a tune in a bucket! LOL.
10. Have you ever had a nickname? When I was younger, friends would call me Codeman-today a few friends call me Cowboy.
11. If you were a super-hero, what powers would you have? Singing!!! LOL just kidding. Hmmm, caring about people and making people laugh.

**January 3rd is**  
**National Fruitcake Toss Day**

**HISTORY OF FRUITCAKE TOSS DAY**

The first Great Fruitcake Toss was held in Manitou Springs, Colorado on January 3, 1996. Each year the entrants compete to see who can hurl or toss their fruitcakes the farthest.

This one-of-a-kind event, where enthusiasts travel from all over to compete for trophies and bragging rights, has been a community highlight for more than 22 years. The great fruitcake toss is the event of the winter season as the hapless dessert is launched into space with a variety of mechanical and pneumatic devices.

Competitions have included the Hand Toss, Kid's Toss, Launch, Pneumatic Gun or Canon, Team Catch or Accuracy division. The cost of competing is simply a non-perishable food item.



A cell phone and a  
firework were arrested on  
New Year's Eve. —

One was charged and the  
other was let off.



## Why couldn't the chili pepper practice archery?

Answer on page 5

# 2020

### DID YOU KNOW: MEMBER

**Theresa Garduno - Montgomery & Andrews, P.A.**

1. How long have you been a member of the NMALA? Since 2013.
2. What is the best memory of the NMALA? I didn't answer because I have not had the opportunity to attend many meetings in person. Hopefully this will change.
3. Where do you work and what is your role? Montgomery & Andrews, P.A. - I am the firm administrator.
4. What do you love most about your job? Everything. It is great to work with great people. I am truly blessed.
5. If you could live anywhere, where would that be? I like living in the country. I would not want to live anywhere else.
6. What is your biggest fear? Our deepest fear is that we are powerful beyond measure. It is our light, not the darkness, that most frightens us. Pray that we can make the best choices and strive to do the best that we can.
7. What is your favorite food? Red enchiladas with fresh tortillas.
8. What was your best family vacation? Disneyland.
9. What would you sing at Karaoke night? I would not sing.
10. Have you ever had a nickname? Yes. What is it? T.

### January 11th is National Clean Off Your Desk Day

The second Monday of January each year recognizes National Clean Off Your Desk Day.

This day is an opportunity to begin your new year with a clean and organized workspace. Whether your desk is in a private or shared office, cubicle, home or a make-shift desk on the counter, having your workspace uncluttered and organized will help you work more efficiently. A clean workspace improves productivity and inspires us, too. It often gives us a sense of serenity.

#### Tips for Getting Organized

- Remove everything from your desk. Yes, everything.
- Clean the surface. As you replace items, clean them with the appropriate cleaning supply. Usually, a damp cloth is sufficient, but other electrical items need specific care.
- Get out the shredder and the garbage can. Shred, file, scan documents, business cards, recipes, photos as needed.
- Place all documents and photos in the appropriate locations. Shred and toss out-dated documents, non-working pens, junk mail.

### 5 Stunning Facts About Offices

1. The Typewriter changed the desk—Once the Typewriter was invented, the design of the desk evolved - because the rolltop design no longer worked.
2. Darwin put wheels on the chair—Charles Darwin revolutionized the office chair by adding wheels. This helped him get to his specimens quicker while in his study.
3. Clean that keyboard—There are 16 million microbes on a typical office keyboard. Yikes!
4. Everyone loses things—The average office worker loses 15 items per week per year looking for something.
5. How clean is your office? - Only 3 percent of offices clean their equipment regularly.

## CELEBRATION OF LIFE DAY

### HOW TO OBSERVE:

Celebrate the children in your life. Share the day with a child, grandchild, niece or nephew. We've provided several suggestions.

Read a book with a child.  
Get down on the floor and put a puzzle together.  
Build something with your child.  
Invite all the cousins to play board games.  
Bake cookies and decorate them. Even the smallest child will learn something.  
Make popcorn and watch a movie.  
Tell the story of how Grandma and Grandpa met.  
Get out the art supplies and create.  
Visit a museum.  
Show a teen how to change a tire.  
Give a driving lesson.  
Paint your fingernails together.  
Everybody give the dog a bath.  
Go swimming.  
Make balloon animals.  
Sing Karaoke

### History:

President Ronald Reagan issued a presidential proclamation on January 13, 1984, designating Sunday, January 22, 1984 as National Sanctity of Human Life Day, noting that it was the 11th anniversary of *Roe v. Wade*, in which the Supreme Court issued a ruling that guaranteed women access to abortion.<sup>[1]</sup> President Reagan was a strong anti-abortion advocate who said that in *Roe v. Wade* the Supreme Court "struck down our laws protecting the lives of unborn children".

Reagan issued the proclamation annually thereafter, designating Sanctity of Human Life Day to be the closest Sunday to the original January 22 date.<sup>[3]</sup> His successor, George H. W. Bush, continued the annual proclamation throughout his presidency.<sup>[4]</sup> Bush's successor, Bill Clinton, discontinued the practice throughout his eight years in office, but Bush's son and Clinton's successor, George W. Bush, resumed the proclamation and did so every year of his presidency.

At the end of the first year of his presidency, Donald Trump issued a proclamation declaring Monday, January 22, 2018 to be National Sanctity of Human Life Day; <sup>[5]</sup> however, the next year, his proclamation set it again to a Sunday, that being January 20, 2019.

### LETTER FROM OUR PRESIDENT

*Happy New Year,  
Members!*

*Let's make 2021 a  
great year.*

*May this new year bring  
Love, Light, Health,  
and Happiness.*

*All the best,  
Penimah*

Answer to joke on page 3 - So you can start the New Year a cool way.

Answer to the joke on page 4 - Because it didn't habanero.



January 29th is National Puzzle Day! Enjoy!

